



STAR OF THE NORTH GAMES

ROCHESTER ST.CLOUD CHASKA



STAR OF THE NORTH STATE GAMES

Hosted by CHASKA FSC

May 6, 2017

Chief Referee: Rebecca Bates

Chief Accountant: Joe Pope

Test Session

May 5, 2017 4-8pm

This event is a standard U.S. Figure Skating Non-qualifying Competition

The Star of the North State Games, will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

ELIGIBILITY/TEST LEVEL:

Star of the North State Games, USFS track, is a US Figure Skating sanctioned event endorsed by the ISI but membership in US Figure Skating and/or ISI is NOT required. **Participants must be a resident of the State of Minnesota.** Registered members of USFS and ISI must be in good standing. *USFS and ISI members must include their USFS or ISI numbers at registration time, and indicate whether they are USFS or ISI.*

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

Eligibility for all age-restricted events determined by the skater's age as of the entry deadline date.

Adults 19 years and older will compete in separate events in most divisions unless they choose to compete with skaters under 19 years of age. Showcase will not be separated by age.

ENTRIES: Entries may be limited, so register early. Only online entries with secure credit card payment through EntryEeze will be taken, and Teams must complete the team roster section. Note that electronic entries must be paid with a successful credit card transaction to be considered valid and must be completed by midnight, March 25, 2017. Fees will be as follows:

\$100 first event

\$25 each additional event

Late entries will be accepted at the discretion of the competition committee and the chief referee, and only if accompanied by a \$30.00 late fee. There will be a \$25.00 change fee for each change of the event or level after the entry deadline date. **The competition committee and/or the chief referee reserve the right to cancel or combine any event(s) or to limit entries because of time constraints. Skaters will be notified if their event is cancelled or combined.**

REFUND POLICY: Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. Under USFS State Games Rule SGCR 6.04 which states "if only one competitor is entered in an event, the event may be held." **There will be no refunds for medical withdrawals.** The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and EntryEeze.

FACILITIES: The competition will be held at **Chaska Ice Arena** [Address: 1661 Park Ridge Dr, Chaska, MN 55318 Phone:(952)448-5633]. Rink size is 200' x 85', arena temperature will be between 45–52 degrees. Admission will be \$5, children 8 and under are free. Bleacher seating is available. Locker rooms will be available for the skaters to use. There will be concessions available in the main lobby. There will also be a coach's hospitality room.

MUSIC: The official competition music must be turned in at the registration table at the time of check-in. Only standard format CDs will be accepted. They must be clearly marked with the competitor's name and event. A duplicate CD should be readily available. Music may be

picked up at the registration table following each event. Every reasonable care will be taken, but neither the Star of the North State Games nor Chaska FSC will be held responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, Star of the North State Games and Chaska FSC, and Chaska Ice arena) accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: US Figure Skating 6.0 ordinal scoring method will be used for all events and judging will be by official US Figure Skating Judges.

REGISTRATION: Registration will begin on February 25, 2017 and end at midnight, March 25, 2017. Skater registration desk will be open one hour before the first event and run through the last event of the day. Please check-in promptly upon arrival. Check in at least one hour prior to your event. Events can begin as early as 30 minutes ahead of schedule. A lost and found will be maintained at the registration desk.

PRACTICE ICE: Practice ice will be available the day of the event. Practice ice will be available through EntryEeze once the competition schedule has been finalized. A 20 minute session will be \$15 if pre-paid at the time of entry, or \$20 at the door.

Test Session: A test session will be held on Friday, May 5 from 4pm - 8pm. Please see the Chaska Figure Skating Club website (chaskafsc.com) for a test application under the tab "Our Club", then "testing". All applications and fees must be received by April 21 and skaters will be admitted to the session on a first come, first serve basis.

PHOTOGRAPHY: Twin Cities Aesthetic Photography will be offering pre-paid action shots at \$40 per program, which includes digital files (Paid for at the door by skaters' families). They will only photograph programs for which we have been paid. Each order will receive an online password protected gallery with 10-20 photos for each program they ordered, this includes free downloads of all of the images in the respective gallery. We will also photograph all skaters on the results podium. Families may choose to order podium photos in advance or online after the event at order.tcaesthetic.com

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VIDEOGRAPHY: The cost of your entry includes a video of one event. Additional videos and/or events will be available for purchase.

AWARDS: Medals will be awarded to skaters placing first through third in each event. These will be awarded off ice in the turf adjacent to arena 1, shortly after the final results are posted.

OFFICIAL NOTICES: An official bulletin board will be maintained at skater check-in. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their

cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation, which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO: If you have questions, please contact Star of the North State Games Commissioner Jane Schaber jschaber@superrink.org or the Chaska FSC Competition Co-Chair Sandy Larson sajrlarson@frontiernet.net

USFS Referee: Rebecca Bates

ADDITIONAL INFORMATION: Tentative Schedules and practice ice information will be posted on Star of the North State Games website.

ISI Program Members: If you are in an ISI program, please use the below conversion chart to determine your appropriate competition level.

ISI members can enter either Test Track or Well Balanced Free Skate events but NOT both.

If You Passed ISI Level	Enter USFS Level
Tot or Pre-Alpha (age 7 and older) Alpha	Basic 1
Advanced Pre-Alpha	Basic 2
Advanced Pre-Alpha	Basic 3
Alpha/Gamma	Basic 4
Beta	Basic 5
Delta	Basic 6

If You Passed ISI Level	Enter USFS Level
Gamma - Freestyle 1	Pre-Free Skate- Free Skate 6 (choose correct level based upon elements required)
Freestyle 2 or 3/Open Bronze	Pre-Preliminary
Freestyle 4/ Open Silver	Preliminary
Freestyle 5 / Open Silver	Pre-Juvenile
Freestyle 6/ Open Gold	Juvenile or Intermediate
Freestyle 7/ Open Platinum	Novice
Freestyle 8/ Open Platinum	Junior or Senior
Freestyle 9/ Open Platinum	Senior
Freestyle 10/ Open Platinum	Senior
Freestyle 2/Open Bronze	Adult Pre-Bronze
Freestyle 3/ Open Bronze	Adult Bronze
Freestyle 4/ Open Silver	Adult Silver
Freestyle 5/Open Gold	Adult Gold

SINGLES FREE SKATING EVENTS

This event is a standard U.S. Figure Skating Non-qualifying Competition

See current rulebook for current rules and requirements. Illustration of Singles Free Skating Events:

Level	Event
Beginner	Introductory Events
High Beginner	Introductory Events
No Test	Introductory Events

Test Track Free Skate	Well Balanced Program Free Skate
Pre-Preliminary	Pre-Preliminary
Preliminary	Preliminary
Pre-Juvenile	Pre-Juvenile
Juvenile	Juvenile
Intermediate	Intermediate
Novice	Novice
Junior	Junior
Senior	Senior

Introductory Levels Free Skate Program

This event is a standard U.S. Figure Skating Non-qualifying Competition

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 max	Max. 5 jump elements: -Jumps with no more than one-half rotation (front to back or back to front). -Max. 2 jump sequences -Max. 2 of any same jump	Max. 2 spins: Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skater may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.

Level	Jumps	Spins	Step Sequences	Qualifications
<p>High Beginner 1:40 max</p>	<p>Max 5 jump elements:</p> <ul style="list-style-type: none"> -Jumps with nor more than one-half rotation (front to back or back to front including half-loop) -Single rotation jumps: Salchow and toe loop only -Max. 2 jump combinations or sequences -Max. 2 of any same type jump 	<p>Max. 2 spins:</p> <p>Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</p>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>

Level	Jumps	Spins	Step Sequences	Qualifications
No-Test 1:40 Max	Max. 5 jump elements: -All single jumps allowed except for the single Axel -no single Axels, double, triple or quadruple jumps allowed. -Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded. Max 2 jump combinations or jump sequences: -jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. -jump sequences limited to a maximum of 3 single jumps	Max. 2 spins: <i>-spins must be of a different character</i> <i>-Each spin must have a minimum of 3 revolutions.</i> <i>-Spins may change. feet, position and start with a fly</i>	One step sequence that utilizes 1/2 of the ice surface.	

Level	Jumps	Spins	Step Sequences	Qualifications

Test Track Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher. **ISI members**, see Conversion Chart listed earlier in this document for level.
4. Time range adjusted to cover both USFS and ISI requirements +/- 10 seconds.
5. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
6. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 Max	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> -Jumps with not more than one-half rotation (front to back or back to front including half-loop) -Single rotation jumps: Salchow, toe loop and loop only -Max. 2 jump combinations or sequences -Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> -Two spins of a different nature, one position only. No change of foot. No flying entry. (Minimum 3 revolutions) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skater may not have passed test higher than US Figure Skating pre-preliminary free skate test</p>
Preliminary 1:30 +/- 10 sec	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> -Jumps with not more than one rotation (no Axels) -Max. 2 jump combinations or sequences -Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> -One spin in one position; No change of foot. No flying entry. (Minimum 3 revolutions) -One spin consisting of a front scratch to back scratch: exit on spinning foot not mandatory. (Minimum 3 revolutions per foot) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skater must have passed at least the US Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test.</p>

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Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Juvenile 2:00 +/- 10 sec	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> -Jumps with not more than one rotation (No Axels) -Max. 2 jump combinations or sequences -Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> -One spin in one position, No change of foot. (Minimum 3 revolutions) -One combination spin: forward camel spin to forward sit spin; change of foot optional (Minimum of 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the US Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test.
Juvenile 2:15 +/- 10 sec	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> -Any single jumps, including Axel, are permitted. -Max. 2 jump combinations or sequences -Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> -One solo spin in one position, no change of foot (Minimum 4 revolutions) -One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions (Min. 4 revolutions per foot) -Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the US Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test.

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Level	Jumps	Spins	Step Sequences	Qualifications
Intermediate 2:40 +/- 10 sec	Maximum of 6 jump elements: -Any single jumps -Double jumps permitted: double Salchow and double toe loop -Maximum of 3 jump combinations or sequences -Max. 2 of any same type jump	Maximum of 2 spins: -One must be a flying spin (Minimum 5 revolutions) -One must be a combination spin with at least one change of foot and at least one change of position. (Min. 4 revolutions per foot)	One step sequence fully utilizing ice surface	Skaters must have passed at least the US Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test.

Level	Jumps	Spins	Step Sequences	Qualifications
<p>Novice Ladies: 3:00 +/- 10 sec</p> <p>Men 3:30 +/- 10 sec</p>	<p>Maximum of 7 jump elements for men and 6 for ladies:</p> <ul style="list-style-type: none"> -Any single jumps -Double jumps permitted: double Salchow, double toe loop and double loop. -Maximum of 3 jump combinations or sequences -Max. 2 of any same type of jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> -One must be a combination spin with at least one change of foot and at least one change of position (minimum 5 revolutions per foot) -the other spins are the option of the skater (min.. 6 revolutions per foot) -All spins may fly. 	<p>One step sequence fully utilizing ice surface</p> <p>(see rule 4104 & 4105 for remarks)</p>	<p>Skater must have passed at least the US Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test.</p>

Level	Jumps	Spins	Step Sequences	Qualifications
Junior Ladies 3:30 +/- 10 sec Men 4:00 +/- 10 sec	Maximum of 8 jump elements for men and 7 for ladies: -Any single jumps -Double jumps permitted” Double Salchow, double toe loop, double loop and double flip. -Maximum of 3 jump combinations or sequences -Max. 2 of any same type jump	Maximum of 3 spins of a different nature: -One spin in one position (Min. 6 revolutions) -One flying spin (Min. 6 revolutions) -One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5 revolutions per foot)	One step sequence fully utilizing ice surface (see rule 4105 for remarks)	Skaters must have passed at least the US Figure Skating novice free skate test but may not have passed tests higher than junior free skate test.

Level	Jumps	Spins	Step Sequences	Qualifications
Senior Ladies 4:00 +/- 10 sec Men 4:30 +/- 10 sec	Maximum of 8 jump elements for men and 7 for ladies: -Any single jumps -Must include at least four different double jumps, one must be a double lutz. -Triple jumps are not permitted. -Maximum of 3 jump combinations or sequences -Max. 2 of any same type jump	Maximum of 3 spins of a different nature: -One spin in one position (minimum 6 revolutions) -One flying spin (Min. 6 revolutions) -One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min.5 revolutions per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4106 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks)	Skaters must have passed at least the US Figure Skating Junior free skate test.

Well Balanced Program Free Skate (Pre-Pre through Senior and Adult Pre-Bronze through Gold)

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher. **ISI members**, see Conversion Chart listed earlier in document for level.

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4. Judges will take in to consideration if a skater is ISI and use the corresponding ISI time guidelines.
5. Genders may be combined in all Adult events.
6. Free Skate Events.

- o Pre-Preliminary Free Skate program – Rule 4270 **1:40 max**
- o *Limited Pre-Preliminary Free Skate program – Rule 4270 minus the Axel jump 1:30 – 2:00
- o Preliminary Free Skate program – Rule 4260 **1:30 +/- 10 sec**
- o Pre-Juvenile Free Skate program – Rule 4250 **2:00 +/- 10 sec**
- o *Open Pre-Juvenile Free Skate program – Rule 4250 with age requirement of 14 years or older **2:00 +/- 10 sec**

- o Open Juvenile Free Skate program – Rule 4240 **2:15 +/- 10 sec**
- o Juvenile Free Skate Program – Rule 4240 **2:15 +/- 10 sec**
- o Intermediate Free Skate program – Rule 4230 **2:40 +/- 10 sec**
- o Novice Free Skate program – Rule 4220 **3:00 +/- 10 sec (Ladies), 3:30 +/- 10 sec (Men)**
- o Junior Free Skate program – Rule 4210 **3:30 +/- 10 sec (Ladies), 4:00 +/- 10 sec (Men)**
- o Senior Free Skate program – Rule 4200 **4:00 +/- 10 sec (Ladies) 4:30 +/- 10 sec (Men)**
- o Adult Pre-Bronze Free Skate program – Rule 4600 **1:40 Max**
- o Adult Bronze Free Skate program – Rule 4590 **1:50 Max**
- o Adult Silver Free Skate program – Rule 4580 **2:10 Max**
- o Adult Gold Free Skate program – Rule 4570 **2:40 Max**

***Note** – Limited Pre-Preliminary and Open Pre-Juvenile are not considered part of the standard competition series but past demand has warranted us to continue to offer them.

SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.

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2. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

A. Intermediate short program – Rule 4230

B. Novice short program – Rule 4220

C. Junior short program – Rule 4210

D. Senior short program – Rule 4200

SINGLES COMPULSORY MOVES

INTRODUCTORY LEVELS COMPULSORY EVENTS

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional.

- To be skated on ½ ice.
 - No music is allowed.
 - The skater must demonstrate the required elements and may use any additional elements from previous levels.
 - A 0.2 deduction will be taken for each element performed from a higher level.
 - Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max.	-Waltz jump -1/2 jump of choice -Forward two-foot or one foot spin, minimum 3 revolutions (free leg position optional) -forward or backward spiral

Level	Time	Skating rules/standards
High Beginner	1:15 max.	-Toe loop jump -Salchow jump -Forward scratch spin- min. 3 revolutions -Forward or backward spiral
No-Test	1:15 max.	-Loop jump -Jump combinations to include a toe loop (may not use a loop or Axel) -Solo spin- sit or camel spin- min. 3 revolutions -Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.

Standard levels compulsory events

General event parameters:

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional.

ISI members, see Conversion Chart earlier in document for level.

Level	Time	Skating rules/standards
Pre-Preliminary	1:15 Max	-Single toe loop -Jump combinations: Single/single (no Axel) -Sit Spin or camel spin- min. 3 revolutions -Spiral sequence with one forward spiral and one backward spiral (any edge)

Level	Time	Skating rules/standards
Preliminary	1:15 Max	-Single lutz -Jump combinations: single/single (may include Axel) -Back upright spin- minimum 3 revolutions -forward inside spiral
Pre-Juvenile (& Open Pre Juv)	1:15 Max	-Single jump (may include Axel) -jump combination: single/ single or double/single -Layback spin or camel spin- min. 3 revolutions -Step sequence- circular
Juvenile & Open Juv.	1:15 Max	-Single Axel -Jump combinations: single/single or double/ single -Layback spin or camel spin- min 3 revolutions -Step sequence- circular
Intermediate	1:30 Max	-Double Salchow or double toe loop -Jump combinations: single/single or double single -Flying spin- min 5 revolutions -Step sequence-circular
Novice	1:30 Max	-Double loop -Jump combination, double/single or double/ double -Flying spin-minimum 5 revolutions -Step sequence- straight line

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Level	Time	Skating rules/standards
Junior	1:30 Max	-Double flip -Jump combination: double/double or triple/ double -combination spin- min 10 revolutions -Step Sequence- straight line
Senior	1:30 Max	-Double lutz -Jump combination: double/double or triple/ double -combination spin- min. 10 revolutions -Step sequence- straight line

SPINS EVENTS

General event parameters:

1. Spins may be skated in any order. connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
2. All events are skated on 1/2 ice.
3. Minimum number of revolutions are noted in parentheses

Level	Time	Skating rules/standards
Beginner	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)

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Level	Time	Skating rules/standards
High Beginner	1:30 max.	<ol style="list-style-type: none"> 1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)
No-Test	1:30 max.	<ol style="list-style-type: none"> 1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)
Pre-Preliminary	1:30 max.	<ol style="list-style-type: none"> 1. Upright one foot spin (3) 2. Upright back scratch spin (3) 3. Sit Spin (3)
Preliminary	1:30 max.	<ol style="list-style-type: none"> 1. Forward scratch to back scratch spin (3) 2. Combination spin with no change of foot (4) 3. Sit spin (3)
Pre-Juvenile	1:30 max.	<ol style="list-style-type: none"> 1. Camel spin (3) 2. Combination spin- camel to sit spin; no change of foot (96) 3. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv	1:30 max.	<ol style="list-style-type: none"> 1. Sit spin (4) 2. Combination spin- with change of foot; optional change of position (4 per foot) 3. Girls- layback spin (4); Boys- camel spin (4)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Flying camel spin (5) 2. Sit spin to backward sit spin (4 per foot) 3. Combination spin- change of foot and change of position (4 per foot)

This event is a standard U.S. Figure Skating Non-qualifying Competition

Level	Time	Skating rules/standards
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Choice of camel, sit or layback spin (6) 2. Camel spin to backward camel spin (4 per foot in position) 3. Combination spin- change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Flying sit spin or flying reverse sit spin (6) 2. Solo spin of choice (6)- may not fly 3. Combination spin- with change of foot & utilizing all three positions 92 per position & 5 per foot)
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Flying spin of choice (6) 2. Solo spin of choice (6)- may not fly 3. Combination spin- with change of foot & utilizing all three positions (2 per position & 5 per foot)

Jumps events:

General event parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated 1/2 ice; Juvenile-Senior will be skated on full ice.
3. Jumps with an “*” must be preceded with connecting steps (intermediate-senior)

This event is a standard U.S. Figure Skating Non-qualifying Competition

Level	Time	Skating rules/standards
Beginner	1:15 max	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. 1/2 flip or 1/2 Lutz 3. Single Salchow
High Beginner	1:15 max	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination-waltz jump-toe loop
No-Test	1:15 max	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination- Any two 1/2 or single revolution jumps (No Axel)
Pre-Preliminary	1:15 max	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination-Any two 1/2 or single revolutions jumps (no Axel)
Preliminary	1:15 max	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combination- Any single jump + single loop (may be Axel)
Pre-Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Single or double jump 3. Jump combination- single/single (no Axel)
Juvenile & Open Juv	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow 3. Jump combination- single/single or double/single (no Axel)
Intermediate	1:30 max	<ol style="list-style-type: none"> 1. Single Axel 2. Double loop* 3. Jump combination- double/single (no Axel)
Novice	1:30 max	<ol style="list-style-type: none"> 1. Double loop 2. Double flip* 3. Jump combination- double/double (may be double Axel)

This event is a standard U.S. Figure Skating Non-qualifying Competition

Level	Time	Skating rules/standards
Junior	1:30 max	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or triple flip* 3. Jump combination- double/double (may be double Axel)
Senior	1:30 max	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or triple Lutz* 3. Jump combination- double/double or triple/double (may be double Axel)

SHOWCASE EVENTS-Light Entertainment Events

Format: Showcase groups will be divided by number of entries and ages if possible. Vocal music is permitted and 6.0 judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. **ISI members**, see Conversion Chart listed earlier in document for level. Showcase program should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions. Props and scenery **are** permitted, however it is not mandatory.

General event parameters:

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if

choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

Skaters cannot skate in different levels of the same event (example: event-Light Entertainment Level Junior skater would not be allowed to skate Light Entertainment Junior and Senior)

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed or skate up to one level higher.

2. The determination of level will be based upon test requirement at the entry deadline.

3. Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page. Also on the National Showcase Page under Resources see 2016-2017 Nonqualifying Showcase Competition Guidelines.

4. **Duets** must compete at the highest test level of the two skaters and both members of a duet must meet at least the minimum test prerequisite. Skaters may only enter one duet each.

Showcase Events and Levels - Light Entertainment- Singles or Duets

Event	Must meet requirements* <i>must have passed Free skating or Dance Test (solo or partnered standard track)</i>	Must not have passed	Age	Time
Beginner, High Beginner, No Test * Note: these levels do not qualify for National Showcase		Pre- Preliminary Free Skate	No Age Restriction	1:30 max
Pre Preliminary* Note: this level does not qualify for National Showcase		Preliminary Free Skate	No Age Restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max

This event is a standard U.S. Figure Skating Non-qualifying Competition

Event	Must meet requirements* <i>must have passed Free skating or Dance Test (solo or partnered standard track)</i>	Must not have passed	Age	Time
Teen	Juvenile Free Skate OR Juvenile Free dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate or Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance	No age Restriction	2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance	no Age Restriction	2:40 max
Senior	Senior Free Skate OR Senior Free Dance		no Age Restriction	2:40 max

Additional Adult Showcase Events and Levels - Singles or Duets.

This event is a standard U.S. Figure Skating Non-qualifying Competition

Event	Must meet requirements for*	Must not have passed	Age	Time
Adult Bronze	Adulte Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre Gold Dance Test	21 and older	1:40 max
Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.

SHOWCASE EVENTS-Dramatic Entertainment Events

This event is a standard U.S. Figure Skating Non-qualifying Competition

Format: Showcase groups will be divided by number of entries and ages if possible. Vocal music is permitted and 6.0 judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. **ISI members**, see Conversion Chart listed earlier in document for level. Showcase program should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Props and scenery **are** permitted, however, they are not mandatory.

General event parameters:

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

Skaters cannot skate in different levels of the same event (example: event-Dramatic Entertainment Level Junior skater would not be allowed to skate Dramatic Entertainment Junior and Senior)

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page. Also on the National Showcase Page under Resources see 2016-2017 Nonqualifying Showcase Competition Guidelines.
4. **Duets** must compete at the highest test level of the two skaters and both members of a duet must meet at least the minimum test prerequisite. Skaters may enter only one duet.

Showcase Events and Levels - Dramatic Entertainment- Singles or Duets

Event	Must meet requirements* <i>must have passed Free skating or Dance Test (solo or partnered standard track)</i>	Must not have passed	Age	Time
Beginner, High Beginner, No Test * Note: these levels do not qualify for National Showcase		Pre- Preliminary Free Skate	No Age Restriction	1:30 max

Event	Must meet requirements* <i>must have passed Free skating or Dance Test (solo or partnered standard track)</i>	Must not have passed	Age	Time
Pre Preliminary* Note: this level does not qualify for National Showcase		Preliminary Free Skate	No Age Restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate or Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max

This event is a standard U.S. Figure Skating Non-qualifying Competition

Event	Must meet requirements* <i>must have passed Free skating or Dance Test (solo or partnered standard track)</i>	Must not have passed	Age	Time
Young Adult	Juvenile Free Skate OR Juvenile Free dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance	No age Restriction	2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance	no Age Restriction	2:40 max
Senior	Senior Free Skate OR Senior Free Dance		no Age Restriction	2:40 max

This event is a standard U.S. Figure Skating Non-qualifying Competition